King County Hospitals



# Pregnancy and Childbirth Guide

North Puget Sound Region



For Clallam, Island, Jefferson, Kitsap, Pierce, San Juan, Skagit, Snohomish, and Whatcom Counties

To 1997 Hospital Charges



Southwest Washington Region



For Clark, Cowlitz, Grays Harbor, Klickitat, Lewis, Mason, Pacific, Skamania, Thurston and Wahkiakum Counties

Central Washington Region



For Benton, Chelan, Douglas, Franklin, Grant, Kittitas, Okanogan, and Yakima Counties



Eastern Washington Region



For Adams, Asotin, Columbia, Ferry, Garfield, Lincoln, Pend Oreille, Spokane, Stevens, Walla Walla, and Whitman Counties

# King County Hospitals 1997 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a delivery category to a number in a newborn category.

Auburn Regional Medical Center  Childrens Hospital & Medical Center*  ———————————————————————————————————	rmal ivery G 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C		Cesarean		Prematurity		Full Term	Infant
Childrens Hospital & Medical Center* –	2,770		DRG 374	Cesarean Section DRG 371	Section With Problems DRG 370	Normal Newborn DRG 391	Without Major Problems DRG 388	Prematurity With Major Problems DRG 387	Infant With Major Problems DRG 389	With Other Significant Problems DRG 390
·		3,237	4,723	4,415	4,836	729	1,368	2,991	1,519	1,027
Community Memorial Hospital 2						1,335	2,318	28,965	5,796	3,027
,	2,641	3,215	3,918	5,033	6,029	760			1,301	823
Evergreen Hospital Medical Center 2	2,507	3,028	3,728	4,070	4,651	541	5,200	14,635	4,296	698
Highline Community Hospital 2	2,285	3,016	4,119	4,780	5,478	592	1,389	1,694	1,593	872
Northwest Hospital 2	2,359	2,788	3,797	4,295	5,479	577	3,321	6,290	1,452	792
Overlake Hospital Medical Center 2	2,686	3,144	3,379	4,195	5,079	744	6,889	23,167	4,261	1,019
Providence Seattle Medical Center 2	2,681	3,306	3,657	4,732	5,569	729	2,840	5,634	2,264	922
Saint Francis Community Hospital 2	2,576	3,238	5,737	5,639	6,365	786	1,351	2,366	1,937	1,223
Snoqualmie Valley Hospital –						416				
Swedish Medical Center* 2	2,966	3,568	4,118	5,318	6,004	804	5,707	29,065	4,436	1,188
University of Wash. Medical Center* 2	2,864	3,679	4,465	5,562	7,436	797	3,399	23,345	5,301	1,194
Valley Medical Center 2	2,279	2,867	3,718	4,091	4,960	491	3,810	14,518	3,058	1,003
Region Averages 2	2,611	3,286	3,959	4,664	5,856	681	4,438	21,095	3,710	1,028
King County Residents Treated In Other R	Regions:									
North Puget Sound Region 2	2,611	3,642	3,458	5,176	6,208	735	9,709	28,565	5,239	978
Southwest Washington Region	3,181	1,639		5,878		855			3,744	429
Central Washington Region	2,811	2,542		5,845	4,170	834		13,164	6,330	2,423
Eastern Washington Region –		4,509		3,552	7,794	1,485			8,126	
Averages for King County Residents 2	2,612	3,302	3,939	4,685	5,870	683	4,784	21,710	3,845	1,026
State Averages 2	2,646	3,312	4,296	5,116	6,308	720	4,685	22,180	4,111	1,113

Note: Values in italic type are based on less than 25 discharges.

 $Group\ Health\ Hospitals\ do\ not\ report\ charges\ to\ the\ Department\ of\ Health.$ 

<sup>\*</sup>These hospitals may have higher charges as they are set up to treat very sick and premature babies.

# North Puget Sound Hospitals 1997 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a *delivery* category to a number in a *newborn* category.

		D	elivery	•	Newborn					
North Puget Sound Residents Treated In North Puget Sound Hospitals: Hospital Name	Normal Delivery DRG 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C DRG 374	Cesarean Section DRG 371	Cesarean Section With Problems DRG 370	Normal Newborn DRG 391	Prematurity Without Major Problems DRG 388	Prematurity With Major Problems DRG 387	Full Term Infant With Major Problems DRG 389	With Other Significant
Affiliated Health Services	2,973	3,459	4,521	5,121	6,001	803	3,560	10,755	2,740	1,292
Cascade Valley Hospital	2,376	2,806	3,920	4,678	5,657	615	1,494	1,648	1,922	781
Forks Community Hospital	2,628	3,351	3,595	7,917		505			2,708	856
Good Samaritan Hospital	3,034	3,460	5,037	5,383	6,103	785	3,420	7,952	3,091	1,081
Harrison Memorial Hospital	2,238	2,776	3,368	4,465	5,220	535	2,098	3,544	1,827	1,005
Island Hospital	2,464	2,982	4,183	6,770	7,808	813	1,061	2,606	1,672	1,179
Jefferson General Hospital	3,362	4,101	4,930	7,161	7,078	610	648	1,752	1,409	764
Mary Bridge Childrens Health Center*						901	1,038	18,039	4,243	2,558
Olympic Memorial Hospital	2,177	2,602	3,936	4,507	5,706	778	1,109	2,075	1,830	1,118
Providence General Medical Center	3,302	4,182	4,707	5,511	6,816	740	4,034	16,305	4,948	1,160
Saint Clare Hospital	2,682	3,063	6,869	5,896	6,362	7812	1,056	3,385	1,932	1,302
Saint Joseph Hospital	2,811	3,477	5,407	7,396	8,443	848	6,255	14,653	4,903	1,365
Saint Joseph Medical Center	2,543	3,219	4,964	6,299	7,313	864	6,285	14,423	4,513	1,226
Stevens Healthcare	2,427	2,744	3,205	4,483	5,172	524	4,067	13,977	3,939	927
Tacoma General Hospital*	2,301	2,880	3,898	3,926	5,240	609	10,615	42,787	6,120	944
Valley General Hospital	2,398	2,817	3,546	5,301	6,899	912	1,380	3,627	3,325	1,498
Whidbey General Hospital	2,110	2,688	4,150	5,442	5,842	702	842	2,424	1,967	1,126
Region Averages	2,678	3,312	4,172	5,244	6,566	726	5,320	22,249	4,186	1,134
North Puget Sound Residents Treate	ed In Other R	egions:								
King County Region	2,631	3,345	4,198	4,780	6,427	664	4,459	24,565	5,080	986
Southwest Washington Region	3,217	3,608	4,778	5,283	7,066	634			1,978	1,526
Central Washington Region	2,216			4,378		709	2,758			547
Eastern Washington Region	3,166	2,620	4,830		4,343	841			12,773	907
Averages for North Puget Sound										
Residents	2,672	3,318	4,177	5,160	6,546	716	5,172	22,649	4,326	1,116
State Averages	2,646	3,312	4,296	5,116	6,308	720	4,685	22,180	4,111	1,113

<sup>\*</sup>These hospitals may have higher charges as they are set up to treat very sick and premature babies.

# Southwest Washington Hospitals 1997 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a delivery category to a number in a newborn category.

	Delivery						Newborn					
Southwest Washington Residents Treated In Southwest Washington Hospitals:	n Normal Delivery DRG 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C DRG 374	Cesarean Section DRG 371	Cesarean Section With Problems DRG 370	Normal Newborn DRG 391	Prematurity Without Major Problems DRG 388	Prematurity With Major Problems DRG 387	Full Term Infant With Major Problems DRG 389	Infant With Other Significant Problems DRG 390		
Columbia Capital Medical Center	3,179	3,754	4,726	6,431	7,323	674	5,214	13,441	2,806	1,006		
Grays Harbor Community Hospital	3,200	4,345	6,484	7,669	9,237	830	8,043		2,794	1,283		
Klickitat Valley Hospital	2,773	3,237	7,557	8,285	10,200	652	525		1,502	602		
Mason General Hospital	2,424	3,060	4,735	5,349	5,945	583	821		1,812	734		
Morton General Hospital	2,778	2,672	5,961	7,360	6,818	952				1,536		
Providence Centralia Hospital	2,554	3,295		5,521	6,530	756	6,049	11,228	2,632	1,286		
Providence Saint Peter Hospital	3,229	3,809	4,645	5,579	6,713	664	4,994	10,259	3,358	1,005		
Saint Johns Medical Center	3,056	3,911	4,511	5,092	6,245	687	2,246	9,152	3,487	1,217		
Skyline Hospital	3,118	4,560	6,524	7,245	9,065	695	1,161		2,083	1,153		
Southwest Washington Medical Center	2,686	3,503	4,167	5,222	6,118	743	4,614	10,338	3,623	1,496		
Willapa Harbor Hospital	2,520	4,115	7,781	6,890	7,744	880	1,307		796	2,395		
Region Averages	2,891	3,671	4,505	5,583	6,659	721	4,555	10,363	3,208	1,168		
Southwest Washington Residents Tre	eated In Oth	er Regions	:									
North Puget Sound Region	2,533	3,468	4,283	5,102	6,642	633	17,970	42,907	7,774	1,255		
King County Region	2,896	3,280		5,259	8,034	925	3,485	19,042	2,423	1,276		
Central Washington Region	2,490		5,881	4,847	5,512	826	5,232		5,354	1,404		
Eastern Washington Region		2,506				1,217						
Averages for Southwest Washington Residents	2,883	3,660	4,507	5,559	6,677	720	5,042	20,451	3,653	1,172		
State Averages	2,646	3,312	4,296	5,116	6,308	720	4,685	22,180	4,111	1,113		

# Central Washington Hospitals 1997 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a delivery category to a number in a newborn category.

			Delivery	,	Newborn					
Central Washington Residents Treated In Central Washington Hospitals: Hospital Name	Normal Delivery DRG 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C DRG 374	Cesarean Section DRG 371	Cesarean Section With Problems DRG 370	Normal Newborn DRG 391	Prematurity Without Major Problems DRG 388	Prematurity With Major Problems DRG 387		Infant With Other Significant Problems DRG 390
Central Washington Hospital	2,736	3,481	3,832	4,491	5,268	797	4,812	8,191	3,293	1,387
Columbia Basin Hospital	1,674					552				
Coulee Community Hospital	1,756	1,801	5,144	7,524	6,822	503			1,358	471
Kadlec Medical Center*	2,742	3,687	4,527	4,781	6,043	824	4,606	22,328	5,715	1,124
Kennewick General Hospital	2,862	3,260	5,618	5,749	6,397	778	3,252	5,718	2,934	1,195
Kittitas Valley Hospital	2,397	3,167	4,808	5,184	6,363	711	1,577		1,757	1,192
Lake Chelan Community Hospital	3,224	4,484	6,750	7,436	9,000	757		1,895	1,715	957
Mid-Valley Hospital	2,160	2,708	4,331	5,429	6,208	780	733	5,687	2,431	1,545
North Valley Hospital	2,196	3,403	4,933	5,772	7,831	518	1,042		1,674	834
Okanogan-Douglas Hospital	2,063	2,522	3,785	4,892	7,210	644	601		1,943	671
Our Lady of Lourdes Hospital	2,275	2,855	5,290	6,677	7,975	701	1,380	2,091	2,078	1,139
Prosser Memorial Hospital	1,950	3,559	4,122	5,168	5,957	717	1,211		919	956
Providence Toppenish Hospital	1,871	2,323	3,572	4,370	5,111	742	1,078	3,599	1,969	1,058
Providence Yakima Medical Center	2,598	3,080	4,261	5,584	7,244	707	750		1,848	939
Quincy Valley Hospital	2,857	3,136	5,504	6,064		806	1,327		898	1,730
Samaritan Hospital	2,235	2,634	4,480	5,386	5,620	833	1,513	3,843	1,799	1,156
Sunnyside Community Hospital	2,104	2,544	4,376	4,790	5,558	761	876		4,487	1,271
Yakima Valley Memorial Hospital*	2,672	3,251	4,533	4,993	6,181	812	5,081	17,384	3,233	1,291
Region Averages	2,516	3,048	4,511	5,156	5,993	777	3,794	14,785	3,033	1,178
Central Washington Residents Treat	ed In Other R	Regions:								
North Puget Sound Region	2,184			4,654	5,644	784	818		1,208	1,288
King County Region	2,761	4,485	4,216	5,680	9,284	671	6,834	31,243	8,850	2,182
Southwest Washington Region	3,136	5,095	3,507			561				
Eastern Washington Region	2,213	3,431	4,230	5,270	7,469	732	10,163	29,796	7,525	1,246
Averages for Central Washington Residents	2,510	3,068	4,502	5,167	6,083	776	4,032	17,628	3,306	1,181
State Averages	2,646	3,312	4,296	5,116	6,308	720	4,685	22,180	4,111	1,113

<sup>\*</sup>These hospitals may have higher charges as they are set up to treat very sick and premature babies.

# Eastern Washington Hospitals 1997 Average Delivery and Newborn Charges

To get total expected charges for a birth, add a number from a delivery category to a number in a newborn category.

			Delivery	/	Newborn					
Eastern Washington Residents Treated In Easterm Washington Hospitals: Hospital Name	Normal Delivery DRG 373	Normal Delivery With Problems DRG 372	Normal Delivery With Sterilization or D&C DRG 374	Cesarean Section DRG 371	Cesarean Section With Problems DRG 370	Normal Newborn DRG 391	Prematurity Without Major Problems DRG 388	Prematurity With Major Problems DRG 387	Full Term Infant With Major Problems DRG 389	With Other Significant Problems
Deaconess Medical Center*	2,538	3,433	3,850	5,182	6,697	752	4,593	26,718	6,147	1,188
Deer Park Health Center & Hospital	2,006	2,009				623			885	1,312
Ferry County Memorial Hospital	1,710					474				
Holy Family Hospital	2,406	3,140	3,982	5,569	6,556	658	1,387	3,579	3,393	1,232
Lincoln Hospital	2,396		5,926	7,785	9,840	884			838	1,572
Mount Carmel Hospital	2,091	4,345	5,014	6,672	7,834	693	723		3,513	1,049
Newport Community Hospital	2,438	2,553	5,783	5,437	6,050	692			1,321	1,363
Othello Community Hospital	2,090	3,473	4,430	5,688	7,458	722	737		1,358	1,132
Pullman Memorial Hospital	2,180	2,745	3,978	5,986	7,239	531	586	7,849	1,847	982
Sacred Heart Medical Center*	2,743	3,327	4,797	5,388	6,533	786	3,930	32,691	7,425	1,059
Saint Josephs Hospital of Chewelah	2,698	4,523	6,346	7,755	9,800	873		13,754	1,265	1,225
Saint Mary Medical Center	2,431	2,574	6,508	6,453	7,171	828	741	17,157	3,524	1,471
Valley Hospital & Medical Center	2,827	3,727	4,987	6,332	6,548	732	1,293	5,268	2,962	1,127
Walla Walla General Hospital	2,558	2,853	4,598	5,501	6,742	909	1,593	13,209	2,936	1,143
Whitman Community Hospital	2,125	4,337		5,239	6,486	721			719	724
Region Averages	2,537	3,305	4,272	5,588	6,698	741	3,336	28,470	5,468	1,152
Eastern Washington Residents Trea	ited In Other	Regions:								
North Puget Sound Region	3,440			6,302		478	843			1,1 <i>61</i>
King County Region	3,398			5,986	7,243	419	1,646	49,384	12,031	
Central Washington Region		5,200								
Averages for Eastern Washington Residents	2,535	3,305	4,279	5,584	6,646	741	3,283	27,986	5,463	1,158
State Averages	2,646	3,312	4,296	5,116	6,308	720	4,685	22,180	4,111	1,113

<sup>\*</sup>These hospitals may have higher charges as they are set up to treat very sick and premature babies.

## **Delivery and Newborn Category Definitions**

#### Delivery

# DRG 373 Normal Delivery (No Problems)

Normal delivery of a baby or babies without surgery.

# **DRG 372 Normal Delivery With Problems**

Delivery of a baby or babies without surgery complicated by an illness or condition in the mother or baby.

# DRG 374 Normal Delivery With Sterilization or D&C

Delivery of a baby or babies without surgery other than D&C or sterilization (tubal ligation).

# DRG 371 Cesarean Section (No Problems)

Normal delivery of a baby or babies through surgery by incisions made in the mother's stomach.

# DRG 370 Cesarean Section With Problems

Delivery of a baby or babies by surgery complicated by an illness or condition in the mother or baby.

#### Newborns

#### **DRG 391 Normal Newborn**

Newly delivered baby without significant health problems.

# DRG 388 Prematurity Without Major Problems

Baby is born before full term of 37 weeks and/or weighs less than 2,499 grams and requires special care.

## **DRG 387 Prematurity With Major Problems**

Baby is born before full term of 37 weeks and/or weighs less than 2,499 grams, with illnesses or conditions that complicate care and treatment. These can include viral and bacterial infection, herpes, measles complications, malnutrition, heart and lung conditions, hernia, kidney failure, spina bifida, brain anomalies, and fractures.

# DRG 389 Full Term Infant With Major Problems

Baby is born full term with illnesses or conditions that complicate care and treatment. These can include infection, anemia, cystic fibrosis, hemorrhage, and seizures.

#### DRG 390 Infant With Other Significant Problems

Baby up to six weeks old treated for problems not covered under other categories. May include transfers or readmissions to a hospital.

#### NOTE:

The information in this brochure comes from data provided to the state Department of Health by Washington hospitals. The data are grouped into illness categories, called Diagnosis Related Groups, or DRGs. They combine similar diagnoses and treatments.

The charges listed are **averages** for items and services provided by hospitals, based on the number of patients and total charges for that illness as reported in 1997. **Doctor fees are not included.**Figures include charges for the hospital room, hospital services ordered by a doctor (such as x-rays and laboratory tests), and personal care items (such as hospital gowns). Very high or low charges and very long or short stays are not included in the averages.

Because these figures are averages, they may be different from what you are billed.

## Making The Best Choices

Use this brochure to:

- \* Compare the charges for childbirth at hospitals in your area,
- See how charges may change based on the kinds of problems that can happen,
- \* Let your doctor and health insurance know you are taking an active role in planning your care.

The charges in this brochure come from reports from Washington hospitals to the Department of Health. Charges are listed for several newborn conditions and delivery methods which may need different types of treatment. Births with

problems are often more expensive than those without problems. For problem births in hospitals where charges are much lower than other hospitals in that category, it is likely that the sickest babies are sent to another hospital that can better treat the problem. If you have two or more babies at the same time, the charges will also be higher.

The charges are averages based on the number of births and total charges in each category as reported for the region in 1997. How long you or your baby are in the hospital, the level of care you both get, problems, extra services, and price increases all affect the hospital charges. These charges do **not** include doctor

fees. Because these charges are averages, they may be different than what you are billed.

#### For additional brochures:

360-236-4200

Or visit: www.doh.wa.gov/data/data.htm

#### Complaints about quality of care:

Hospitals: 1-800-633-6828

Professional Licensing: 1-360-236-4700

#### **Health Consumer Help Line:**

1-800-525-0127

### Pregnancy and Childbirth Tips

#### **Be Prepared**

Play an active role in your care and the care of your baby.

- \* Know what services your health insurance does and does not cover, and any rules that must be followed.
- \* Be prepared for doctor visits with questions and information, such as family medical history for you and the father of the baby.
- \* If you are a first time mother, learn all you can about pregnancy, childbirth, and newborn care through books, videos, classes, and talking to other women.
- \* Find out what resources and services are available to help you care for your baby after birth.

#### **Ask Questions**

You have the right to be involved in your care and treatment. Doctors and hospitals differ in the services they offer and how they care for patients. Have questions ready ahead of time to ask your doctor, health insurance provider, and the hospital. This will help you learn what services are available and decide which doctors will best meet your needs. Here are some questions that may help you decide:

- \* What services will my health insurance cover? What rules do I have to follow? What things do I have to do?
- \* What do you see as my role and responsibilities in my care?
- \* Are there any limits on having my partner/support person with me during my prenatal care? During labor and delivery? During my hospital stay?
- \* What are your feelings about natural childbirth? C-sections? Vaginal birth after c-section?

- \* If I should develop problems, how will my care be managed? Who will do it?
- \* Does the baby go to the nursery or can it stay with me?
- \* What are your charges for labor and delivery? What are the expected charges at this hospital or birthing facility? Is financial aid or counseling available?
- \* How long will I stay in the hospital after a normal birth? After a csection? Are there limits on how long I can stay?

#### **Make Healthy Choices**

Make choices that will improve your chances of having a healthy baby and fewer delivery problems.

- \* Stay at a healthy weight.
- Don't smoke, drink, or use street drugs.
- \* Reduce your caffeine (coffee, colas) intake.
- \* Exercise often—take a walk every day.
- \* Eat a balanced diet and include extra calcium.
- \* Take vitamins and folic acid as advised by your doctor.
- \* Wear a seat belt.
- \* Talk to your doctor before taking any prescription or over-the-counter drugs.
- Practice safer sex.
- \* Get tested for HIV.
- \* Eliminate unsafe conditions at home and at work.

# Get The Right Treatment

- \* Get regular prenatal care and follow your doctor's advice.
- Know your health risks and how they may affect your delivery and your baby.
- \* Routine tests are available that can help find problems early. Ask about these tests to be sure you know what they are for.
- \* Ask to see the results and have them explained to you.
- \* Check ahead of time to see if the tests are covered under your health insurance.
- \* If the tests show there may be problems, find out what your choices are.
- \* If you need help finding a doctor or need information about pregnancy, infant health, and other health care resources, call 1-800-322-2588.

#### Examine Hospital and Medical Bills

Check all medical bills carefully for mistakes. Check to see if you were overcharged, billed more than once for the same thing, or charged for an item or service you did not get. If you have trouble understanding your bill, ask your doctors or the hospital for an explanation. The Washington Department of Health does not control hospital rates or billing practices.

#### Washington State Department of Health

Office of Hospital & Patient Data Systems P.O. Box 47811 Olympia, WA 98504-7811

This brochure was published to increase consumer awareness of health care charges. For additional copies write to the Department of Health at the address above or call 360-236-4200.